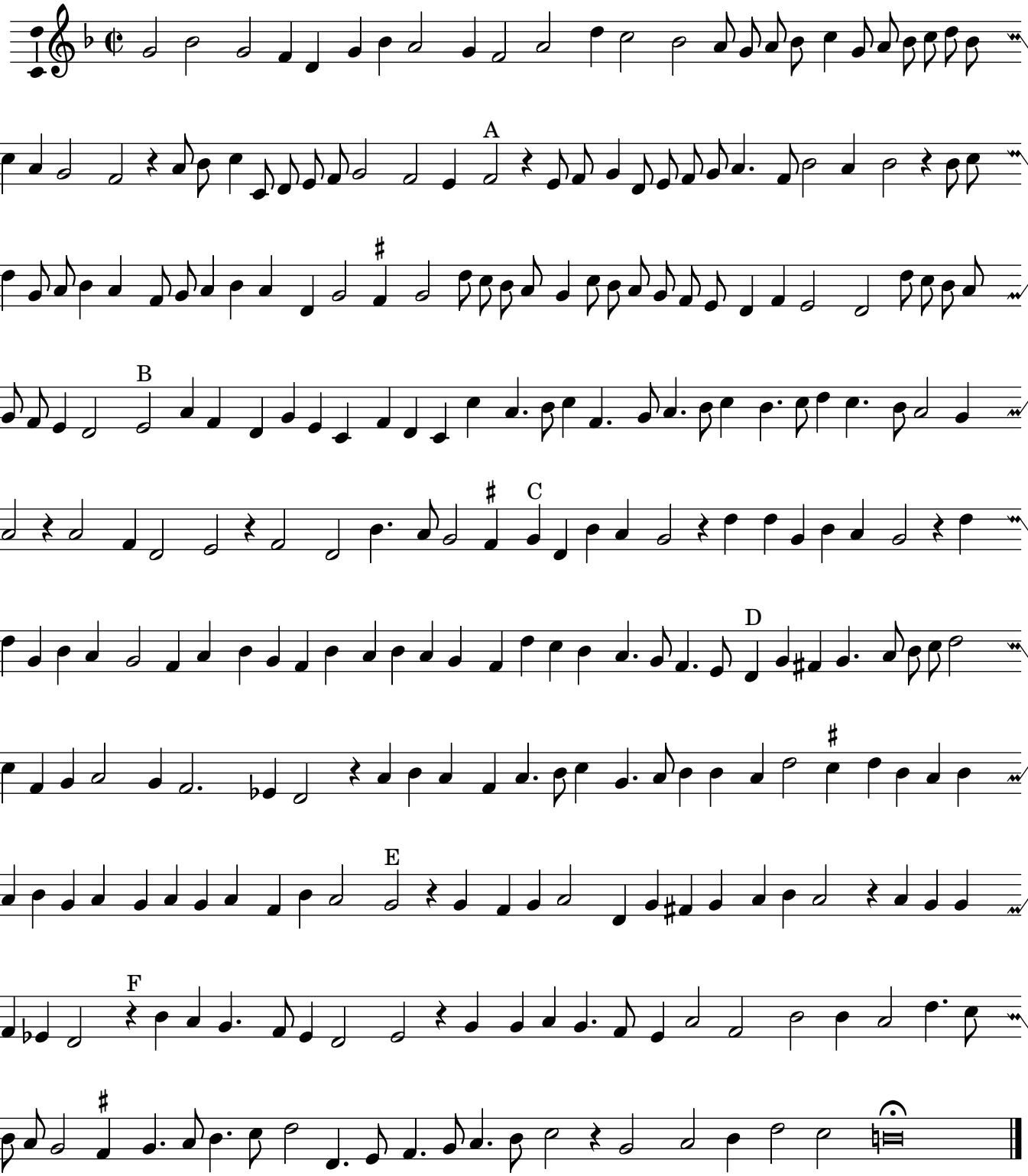Canto